

Course Unit	Clinical Supervision	Field of study	Nursing
Master in	Nursing in Family Health	School	School of Health
Academic Year	2019/2020	Year of study	1
Type	Semestral	Semester	1
Workload (hours)	108	Contact hours	T - TP 30 PL - TC - S - E - OT 15 O -
Level	2-1	ECTS credits	4.0
Code	5039-527-1106-00-19		

T - Lectures; TP - Lectures and problem-solving; PL - Problem-solving, project or laboratory; TC - Fieldwork; S - Seminar; E - Placement; OT - Tutorial; O - Other

Name(s) of lecturer(s) Maria Augusta Pereira da Mata

Learning outcomes and competences

At the end of the course unit the learner is expected to be able to:

1. - To deepen knowledge in pedagogical, relational, technical and scientific range on clinical supervision in nursing;
2. To implement teaching-learning strategies that promote the students' personal and professional development in the various formation contexts of clinical practice;
3. To understand the main models of clinical supervision in nursing, appropriate to the different levels of intervention;
4. To develop a critical and reflective attitude and innovative in education and self-training in clinical practice;
5. To develop competencies that promotes the implementation of new clinical supervision models, orientation and assessment in educational and professional contexts.

Prerequisites

Before the course unit the learner is expected to be able to:
Not applicable

Course contents

Theories and models of learning, education and professional formation; Clinical supervision. Clinical supervision process in nursing Methodologies for the development of a critical-reflexive attitude in a personal and interpersonal dimension that will make the interrelation of theory and practice; – The process of clinical supervision and its evaluation in educational and professional context

Course contents (extended version)

1. Theories and models of learning, education and professional formation;
2. Clinical supervision:
 - concepts
 - models and theories,
 - reflected practice as the clinical supervision essence;
 - Ecological perspective of clinical supervision and professional development
3. Clinical supervision process in nursing:
 - stages of the process,
 - supervision styles,
 - clinical supervisor profile;
4. Methodologies of a critical-reflexive attitude relating theory and practice;
5. The process of clinical supervision and its evaluation in educational and professional context.

Recommended reading

1. Abreu, W. (2007). Formação e aprendizagem em contexto clínico: Fundamentos, teorias e considerações didáticas. Coimbra: Formasau.
2. Alarcão, I; Tavares, J. (2003). Supervisão na Prática Pedagógica. Uma Perspetiva de desenvolvimento e aprendizagem. 2ª Ed. Coimbra, Almedina.
3. Gopee, N. (2011). Mentoring and supervision in Healthcare. (Sage, Ed.) (2nd ed. , p. 292). London.
4. Pinto, P. (2009). Ensino eficaz. Lisboa: FCN, UNL.
5. Rua, M. (2011). De Aluno a Enfermeiro. Desenvolvimento de Competências em Contexto de Ensino Clínico. Loures, Lusociência

Teaching and learning methods

Theoretical-practical classes using the participative model; Oriented bibliographic research; Group dynamics; Seminars; Texts, films and documentaries of the clinical supervision area;

Assessment methods

1. Final evaluation - (Regular, Student Worker) (Final)
 - Final Written Exam - 50% (evaluation by a written test)
 - Development Topics - 50% (group project with oral presentation in classroom)
2. Supplementary evaluation - (Regular, Student Worker) (Final, Supplementary, Special)
 - Final Written Exam - 100% (Final exam including all the topics)

Language of instruction

Portuguese, with additional English support for foreign students.

Electronic validation

Maria Augusta Pereira da Mata	Manuel Alberto Morais Brás	Maria Eugénia Rodrigues Mendes	Adília Maria Pires da Silva Fernandes
19-11-2019	09-03-2020	09-03-2020	09-03-2020